

Wax Over Water: Creating luminous images with encaustics, oils, and watercolors

Materials List: The materials list is set up with a “basic” list of recommended supplies for this workshop, and a “luxury” list. The “luxury” list has the optimal supplies you could have. (The “luxury list” could quickly run into hundreds of dollars if you don’t already have some of the items on hand.) Keep in mind though, that with at least some access to watercolors, encaustics, and oils a participant can get something out of the experience. Regina is open to discussing what participants have available and helping them figure out what they would need.

Substrate - the surface on which you will paint:

Basic list	Luxury list
4 or more gessoed panels. <i>I suggest something in the size range of 10 by 10 to 11 x 14 so that you have enough space to work but still small enough for the purposes of exploring techniques, but any size will work!</i>	I recommend 4 or more cradled Ampersand Encausticboards because the surface works so well with both watercolors and encaustics.

Watercolors:

Basic list	Luxury list
A few tubes or bottles of watercolor paints. I suggest having at minimum a blue, yellow, and red, and black.	A wider variety of colors - I often use Daniel Smith watercolors and Dr Ph Martin's Hydrus liquid watercolors (the Hydrus colors are pigment based, not dye-based, and therefore less likely to fade over time)
	Caran d'Ache Neocolor Crayons are also wonderful to use. You can draw with them and leave them dry or add water. <i>These are not essential for the workshop, but you may want to incorporate them at some point.</i>

Encaustics:

Basic list	Luxury list
A one pound bag of R & F encaustic medium pellets	A few pounds of encaustic medium.
Small amounts dark and light neutral encaustics, such as black and white would be helpful.	A wider range of dark (blacks and umbers) and light (pale and extra pale) encaustic colors

Oils and Beeswax:

Basic list	Luxury list
A variety of transparent oil paints.	R and F Translucent Oil Pigment Sticks are superb. I suggest the basic translucent set to start . <i>Some of my other favorite transparent colors that are not part of that set but that can be purchased individually are: Green Gold and Prussian Blue and Burnt Scarlet - but just consider these as suggestions for the future, if you enjoy the oil sticks as much as I do.</i>
100 ml R & F oil blending stick <i>R & F blending medium is a mixture of beeswax and linseed oil. There are no solvents. (This allows you to apply heat to the surface, which is NOT recommended with cold wax medium products, such as Gamblin's, which do contain mineral spirits.)</i>	I use lots of R & F oil blending medium, so I purchase it in jars
Black and white, and, if possible umber oil paints	Titanium Zinc White, Turkey Umber Greenish, Intense Carbon Black, and any of the extra pale or gray colors